## Dr. AKRAM BADSHAHA MUJAWAR

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Tal- Miraj, Dist.: Sangli. State: Maharashtra, India

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**Mobile:** + 91 9975161684

**Gender:** Male

**Date of Birth:** 06/03/1986

Marital Status: Married

Language Known :Marathi, Hindi, English.

## **Educational Qualification:**

Class	School/ College	Board/Unive rsity	Passi ng Year	Marks obtained	Percen tage	Grade
10 <sup>th</sup>	Sangli High school, sangli	Kolhapur Board	June 2002	340/750	45.33	В
12 <sup>th</sup>	Kasturbai Walchand College, sangli	Kolhapur Board	June 2004	360/600	60	A
B.Com.	Ganpatrao Arwade College of commerce, Sangli	Shivaji University	Oct 2010	840/1800	46.67	В
B.P.Ed.	Dr. Padmsinha Patil college of Physical Education, Miraj	Shivaji University	May 2012	992/1200	82.67	First Class with Distinction
M.P.Ed.	Chandrashekhar Agashe College of Physical Education, Pune.	Savitribai Phule pune University	June 2016	1159/1600	72.44	О
Ph.D.	Swami Ramanand Tirth Marathwada University, Nanded	S.R.T.M.U. Nanded	Sept. 2022	-	-	Awarded
NET	UGC	CBSC Uttarpradesh	June 2015	-	-	Qualified
SET	Savitribai Phule pune University	Savitribai Phule pune University	May 2016	-	-	Qualified

## **Career Objective:**

Dedicated to creating a positive Physical Education and sports learning, playing environment and making a difference in student's lives by providing them superior teaching / coaching skills. Making college and university students and professors physically and mentally fit through the physical education and sports environment

# **Skills and Accomplishment:**

Talent for capturing student's interest in game by providing them, Individual training, Support and Guidance.

## **Experience:**

Sr. No.	Name of Organizations	Designation	Years
1	Arst & Commerce College, Ashta	Director of Physical Education	3 years
2	Nagnathanna Naikawadi Arts	Director of Physical Education	1 year
	College Zare, Atapadi		
3	Rajarambapu College of sugar	Director of Physical Education	2 <sup>1/2</sup> years
	technology Islampur		
4	Gurukul English School, sangli	Physical Education Teacher.	5 years
	Coaching	Experience	
1	Sangli shahar amateur athletic	Athletics Coach	12 years
	association Sangli		
2	Shahid Ashok Kamte Sports	Athletics Coach	10 years
	foundation Sangli.		
3	Athletics Advance Coaching Camp	Organizer and Coach	8 years
	in sangli. (30 days)		
4	Personality development camp	Coach and volunteer	7 years
5	Sangli district mallakhamb	mallakhamb coach	3 years
	association, Sangli.		
6	RCG Fitness Academy	Athletics coach	1 year
	(maharastriya mandal) pune.	Aunones coach	1 year

7	fitness industries pune	personal trainer	2 years		
	Experience of Organizing Tournaments/ Competitions:				
1	Shaheed International Marathon Sangli	Technical Director	7 years		
2	Sangli zonal sports council	Zonal secretary, Shivaji University.	1 year 2016-17		
3	State level Athletics competitions	As a organizing committee member	2 times		
4	State level Cross-country Championship	As a organizing committee member	2 times		
5	Shivaji University, Kolhapur Zonal Wrestling tournaments in zare Tal. Atpadi, Dist. sangli	Organizing Secretary	1 time		
6	Health Marathon in sangli	Technical Director	1time		
7	Shivaji University, Kolhapur Zonal swimming and Wrestling tournament.	Organizing Secretary	1 time		

#### **Resource Person**

Sr.No.	Name of College	Subject
1	Arts, Commerce & Science college, Mayani, Tal-Khatav. Dist- Satara	Carrere Opportunities in Sports & Physical Education
2	N.D.Patil Night College, Sangli.	Nutrition for Sports Person

# Conducting physical education compulsory practical exam as a external examiner of under Shivaji University, Kolhapur in following colleges

- Rajmati Kanya Mahavidyalay, Sangli.
- Willingdon College, Sangli 2 times
- Yashwantrao Chavan College, Islampur 2 times
- Karmavir BhauraoPatil College, Urun-Islampur.
- Jaysingpur College, Jaysingpur.
- Ganpatrao Arwade College of Commerce, Sangli.

- Shikshanmaharshi Dr.BapujiSalunkhe College, Miraj.
- Krantisinha Nana Patil College, Walwa.2 times
- Mathubai Garware Kanya Mahavidyala, Sangli.
- Shivraj College Gadhinglaj, Kolhapur.
- Dr. Patangraokadam College, Ramanandnagar (Burli)

### **Physical Education Field:**

Sr. No.	Title	Rank
1	Test and measurement project.	First rank
2	Savitribai Phule Pune University M.P.Ed. 2 year <b>practical exam.</b>	First rank

#### **Hobbies:**

Reading, Writing, Trekking, Fitness, try to do new things in physical education & sports field.

## **Extra-Curricular Activity:**

I am national player of Cross-country, state of 3000 meter steeplechase, diving (swimming)

## **Personal Achievements in Sports:**

- Third in state senior athletics championship.
- Two times participate in open athletics state championship.
- Two times participate in junior athletics state championship.
- Second rank in District athletics meet in steeplechases.
- Participate state cross-country championship
- Third rank in District athletics meet in steeplechases.
- 2<sup>nd</sup>rank in ShivajiUniversity zonal swimming (diving) competition 3 meter spring board.
- 3<sup>rd</sup>rank in ShivajiUniversity zonal swimming (diving) competition 1 meter spring board.
- ParticipateShivajiUniversity inter-zonal cross-country, boxing, swimming competition.
- Role as Sangli zonal chess men team manager of Inter-zonal menand Women chess tournament held at Dr. Ghali College, Gadhinglaj.

## **Sports Achievements of Students:**

#### • Year 2018-19

- 1. **Adesh Deshmukh**won silver medal in School State Athletics championship and Participated in School national athletics championshipin 400 meter run And 4×400 meter relay held at Nadial, Gujrat
- 2. 5 players Won gold, 4 players Won bronze medal in 4×400& 4×100 meter relay respectively in school State athletics championship which is held at V.C.college, Karad.
- 3. 1 girl won silver and 1 boy got bronze medal in school state ushu championship which is held district sports complex, jalana.
- 4. One player won silver medal in school state boxing competition which is held rajiv Gandhi sports comlexdharavi, Mumbai.
- 5. 3 players participated in school state competition in boxing, kik-boxing, ushu.
- 6. Dr. Subhashpatilwonbronze medal under guidance of me in time slot Comrade international marathon in Durban city, South Africa. This is longest and hardest hill marathon in the world.

#### • Year 2019-20

- 1. Sanket Sargarwon 4 gold medals in weightlifting national tournament respectively All India inter-university, Khelo india University, Khelo India Youth games and Senior national.
- 2. Swapnil Patil won gold in west zone national championship & Participated in All India Inter-University Athletics championship.
- 3. Sanjana Bagdi won Bronze medal in school national wrestling tournament in Delhi And Swapnil Khot Participated in school national athleticschampionship Panjab
- 4. 1 player won state silver in Kudo & 3 player'swon bronze medal athletics and cross-country championship and 5 players participated in state level tournaments.
- 5. College Athletics Team Won 3<sup>rd</sup> place overall athletics Championship.2019-20.

#### • Year 2020-21

- 1. Sanjana Bagdi won Bronze medal in school national wrestling tournament in Delhi.
- 2. Mohit Jagtap won Gold medal in 2000meter run in west zone national Athletics championship & participated in state cross-country championship.
- 3. Sanket Mahadev Sarger Qualified For World Weightlifting Championship and Commonwelth Championship Held at Ujabekistan. His attended 1 year India camp of weightlifting.

#### • Year 2021-22

- 1. Sanket Mahadev Sarger won Silver medal in Commonwealth Championship 2022 Barmingham, Englad.
- 2. **Abhijeet Tatyaso Sawant** won silver medal in Khelo India Interuniversity yoga Tournament and participated in All India Interuniversity yoga tournament.
- 3. Sanket Hambbirrao Mane participated in All India Interuniversity softball tournament.
- 4. **Aditya Avinash Lokhande** awarded Best player and best athletes in zonal athletics meet. Participated in athletics State championship 2021
- 5. **Supriya Dhokale** participated in west zone All India Interuniversity kabaddi women's tournament.

- 6. College Athletics Team Won 3<sup>rd</sup> place overall athletics Championship.2021-22
- 6. College **women'sKabaddi team won bronze medal** in Shivaji University interzonal women kabaddi tournament and won 2 nd place in zonal women kabaddi tournament.
- 7. College **Cross-Country team won 4<sup>th</sup> place** in Shivaji University interzonal Cross-Country championship.
- 8. Jaydeep Gharge Long jump, Tripple jump, Vaibhavi Raut Hammer Throw, Satyam Yadav Discuss Throw, Priya Prajapati 100m, 200m run, Viraj Patil 100m, 200m run all Participated in State Athletics championship.
- 9. Mohit Jagtap, Gouri Khilare and Nikita Bhosale won Silver medal in State Cross-Country championship 2021 and participated in national Country championship feb.2022.
- Year 2022-23
- 1. Dhuldev Ghagrewon Silver medal in 3000 meter Steeplechase in National Athletics championship held at Assam.
  - 2. Mohit Jagtapwon Gold medal in 1500 meter run in State Athletics championship and Participate in National Athletics championshipheld at Assam.
  - 3. Arts and Commerce College Ashta, Athletics Team won Team Championship in Sangli Zonal Athletics championship 2022-23 held at Rajeramrao mahavidyalaya, Jath. 65 college were participated.
  - **4. Aniket Nalawade Won Gold Medal in long jump** In Divisional School Athletics championship and selected for **School State Athletics championship** held at Balewadi Pune. 2023
  - 5. Jaydeep Gharge-Triple jump, long jump gold, Amruta Suryavanshi 100M, 200M run- Gold, Mohit Jagtap-800,1500M run Gold, Vaishnavi Sawant 800M,3000M run Gold. Selected for Divisional Athletics Chamionship.
  - 6. Aditya Avinash Lokhande Participated in athletics State championship nov. 2022.
  - 7. Gouri Khilare won Gold medal in 10 km run District Cross-country championship Dec. 2022 and selected for State Cross-country championship 25 <sup>th</sup> Dec. 2022, held at Parbhani.

#### 2023-2024

- 1. Shweta Shivaji Pawar 3<sup>rd</sup> place in 400 meter running.
- 2. Table -Tennis Men Team 3<sup>rd</sup> in Satara Zonal Table Tennis T

Sr.No.	Leval	No of Students Medalist/ Participate
1	International	1
2	National	33
3	State	216
4	All India Inter-university	15
5	Khelo India Youth Games	2 = 1 gold, 1 Bronze
6	Khelo India University Games	2 = 1 gold, 1 silver

# **Students In service:**

Sr. No.	Designation	No of Student in service
1	PSI	12
2	Army, Navy, Air force, Police, SRPF,	210
	CRPF, MSF, Forest Dep. MSEBC.	210

# **Research Field:**

Sr. No.	Theam/Paper Topic	Published/ Present	Held at	Level
1	Effect of elective training program on long distance players in Sangli district	Paper published	UGC care listed 2021	Kala sarovar Multidisciplinary National journal.
2	Exercises Effect on Stress and Quality of Life During Covid-19 Pandemic Period	Paper published	UGC approved 2019	Arthvishwa Multidisciplinary National journal.
3	A Study of Selective Training Program Effect on long distance Players	Paper published	UGC approved 2020	International journal of Recent Research and Applied Studies
4	Health and Fitness Plan for Sedentary Women	Paper Present	National Conference At S.G.M. College, Karad 2022	Sanskruti International Multidisciplinary Research Journal
5	COMPARATIVE STUDY ON SPEED AND AGILITY AMONG THE DEFFERENT GAMES	Paper present	V.P.S.P.M.S. Arts, commerce & science college kannad, Aurangabad 2020	Think India (Quarterly Journal) National Conference
6	EVALUATION OF SOMETOTYPE MEASURMENT OF B.ED (PHYSICAL EDUCATION) STUDENTS	Paper present	ONLINE National E-Conference	Vidyawarta

			10,11/07/2020	
	<b>Descriptive Study on Pre-</b>	_		
7	Service Teachers' Task	Poster	Panjab University.	Global International
	Communication for	present	Panjab 2016	Conference
	Effectiveness and Efficiency.			
	Effect of physical exercises on		NewA.C&S	
8	stress and quality of life.	Paper	College parner	National Conference
	stress and quality of mer	present	Ahamadnagar	
			2015	
	saaMgalal ijalhyaatlla			National conference.
	laaMbacyaa QaavapIIyaacyaa			Published in UGC
9	KoLaDUMvar inavaDk	Paper	Jaysingpur college	approved
	p`iSaxaNa kaya-maanaacaa haoNaa-yaa pirNaamaacaa	present	jaysingpur 2019	international
	AByaasa.			journal.
			C1 1 1 1 1	, and the second
10	Recent Trained in Physical	D 1	Chandrashekhar	National
10	Education & Sports	Participated	Agase college of	Conference2016
			PhysicalEducation	
11	Self-Reliant INDIA Through	<b>.</b>	School of	National
11	skill-Based Education	Participated	Education Science	Conference2022
			SRTMU, Nanded	
			FIT India club,	
12	Trend issue and development of	Participated	Manipur	2 days International
	Physical Education and Sports	1	university,	E-conference
			canchipur, Imphal.	
	1)National seminar on impact of		1.Priyadarshani	
	covid-19 on mental health,		Mahila	International/Nationa
	precautions and remedies		mahavidyalaya	1 online Seminar
12	2)National online Technical	Participated	Wardha	1)21to25/05/2021
	official seminar		2.Maharastra	2)18to22/05/2020
	3)Anti-Doping awareness&		Athletics	3)25/07/2020
	Sports Nutrition		Association	
				3)25/07/2020

13	1)International Webinar on Sports science, Physical fitness and yoga during covid 19 Pandemic.  2)Significance on Meditation during COVID pandemic & Importance of coaches in Sports Education	Participated	1.Sports Authority of India LNCPE  2.Sharadchandra Pawar College, Lonand	International/Nationa 1 online Webinar 1)16/04/2021 2)21,22/05/2021
14	Sports and Physical Education for Peace: A Comprehensive Analysis	Published	Chhatrapati Shivaji College ,Satara	International Conference Published in UGC care listed journal :Sanshodhak